

“What’s for dinner?”  
every new momma  
asks.

For she’s had no time  
to prepare due to her  
new momma tasks.

So let’s help a girl  
out, and instead of a  
card

Bring a slow-cooker  
recipe that isn’t  
complex or too hard

\*If you’re able, please bring your favorite  
crock pot recipe on an index card and  
include a note of encouragement for the  
new momma!

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