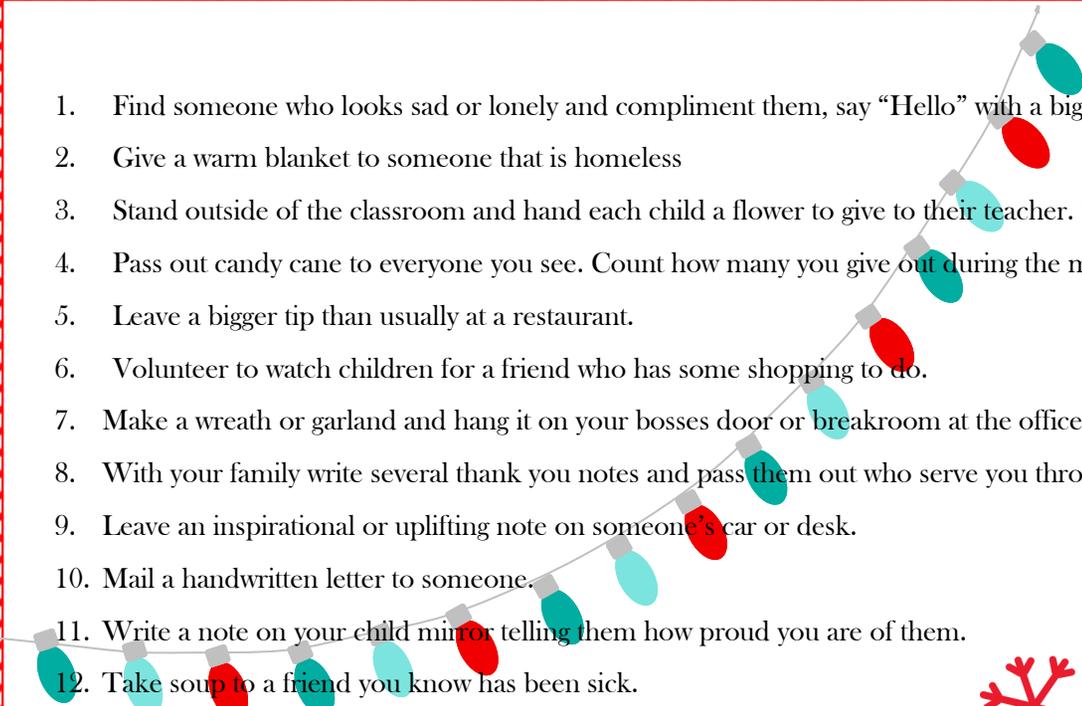


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1. Find someone who looks sad or lonely and compliment them, say “Hello” with a big smile or find a way to serve them.
  2. Give a warm blanket to someone that is homeless
  3. Stand outside of the classroom and hand each child a flower to give to their teacher. She will have a bouquet by the time the whole class arrives.
  4. Pass out candy cane to everyone you see. Count how many you give out during the month.
  5. Leave a bigger tip than usually at a restaurant.
  6. Volunteer to watch children for a friend who has some shopping to do.
  7. Make a wreath or garland and hang it on your bosses door or breakroom at the office.
  8. With your family write several thank you notes and pass them out who serve you throughout the day.
  9. Leave an inspirational or uplifting note on someone’s car or desk.
  10. Mail a handwritten letter to someone.
  11. Write a note on your child mirror telling them how proud you are of them.
  12. Take soup to a friend you know has been sick.
  13. Participate in an angel tree and buy a gift for someone in need.
  14. Volunteer to watch a friends child so she can go one a date with her sweetheart.
  15. When at a restaurant tell the staff how grateful you are for them.
  16. Stop by a nearby veterans hospital. Shake their hands and thank them for their service.
  17. Sing Christmas Carols to neighbors.
  18. Pay for someone’s groceries.
  19. Take doughnuts and muffins to the fire or police department.
  20. Catch up with a friend you haven’t talked to in a while.
  21. Volunteer at the local library or school to read books to a group of children for story time.
  22. Invite a widow or widower you know over for dinner.
  23. Take a co-worker out to lunch.
  24. Surprise your child and eat lunch with them at school.
  25. Take tissues, Lysol wipes and hand sanitizer to your child school nurse. She will be thrilled.

Light  
up  
the  
World  
With kindness